

Kneesworth House

psychiatric hospital



Kneesworth House provides a high quality service to Primary Care Trusts and Commissioners who require clinical treatment and care for men and women with an enduring mental disorder. Based in Cambridgeshire, the hospital also offers a specialised service to help prepare patients for return to local services or alternative appropriate accommodation.

Meeting individual needs

We work closely with service commissioners, local clinicians and family carers to ensure that individual needs are met. Medium security and open rehabilitation environments help the patient's journey from admission through to independent living areas in preparation for their discharge.

Summary

- Men and women with mental illness
- Men with personality disorders
- Men with mild learning disabilities
- Medium secure and open environments
- Registered to accept people detained under the Mental Health Act 1983

Services at Kneesworth House

We provide treatment in a manner that maintains patients' dignity and enhances their self-esteem and social acceptance in a safe and supportive environment.

- **Male mental illness services** are available in conditions of medium security and open rehabilitation. The services offer specialised assessment, treatment and care for patients whose needs cannot be met in mainstream services.
- **Female mental illness services** are available in conditions of medium security and open rehabilitation. The services offer specialised assessment, treatment and care for women with a primary diagnosis of mental illness.
- **Personality disorder services** for men are offered in an environment where the emotional distress suffered can be both understood and alleviated.
- **Learning disability services** for men with mild to borderline learning difficulties and challenging behaviours, who do not have a significant physical handicap are available in conditions of medium security and open rehabilitation.
- **Rehabilitation services** offer a range of open hostel and independent living facilities for both men and women, providing training opportunities for patients to develop confidence and skills for independent and community living.

Facilities

At our practical skills centre patients can gain skills and experience in carpentry, horticulture and light assembly work.

These shared facilities offer valuable social interaction as well as useful skills training. A range of other recreational, social and sporting activities are also available on the wards and in the extensive grounds, including a heated pool, tennis court, fitness centre and gymnasium.

Referrers, relatives and patients are all welcome to visit Kneesworth House to find out more about the services offered.

Clinical excellence

Every patient's journey begins with a comprehensive and detailed assessment that provides a clear understanding of their abilities and treatment needs.

Our Care Programme Approach (CPA) is designed to significantly improve the quality and effectiveness of patient care and treatment by emphasising the patient's involvement. By routinely assessing the risks involved we are able to allow patients as much individual responsibility as possible and promote their active collaboration in their own treatment plan.

Each ward multi-disciplinary team comprises a consultant psychiatrist, clinical psychologist, social worker, occupational therapist, teacher and nurses. Treatment and rehabilitation programmes are planned individually and are based on a range of interventions, including individual and group psychotherapy, cognitive behavioural therapy, social and practical skills training.



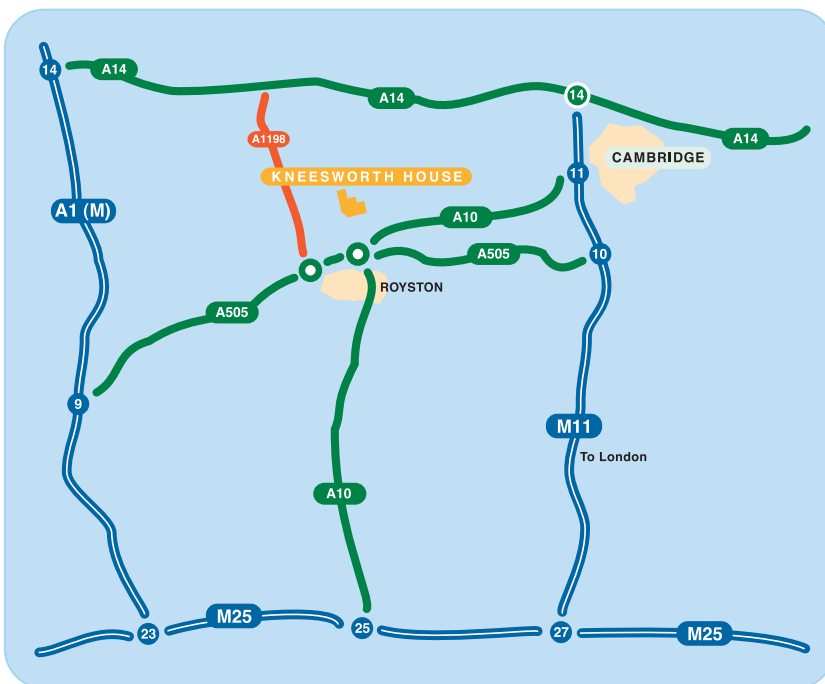
For more detailed information or to make a referral, please call Kneesworth House on 01763 255700 or go to www.partnershipsincare.co.uk

Our staff

We recognise that our employees are our most valuable resource and that our future success depends on their skill, experience, knowledge and commitment. Kneesworth House is dedicated to the development of its employees and continues to hold the 'Investor in People' accreditation.



INVESTOR IN PEOPLE



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